

# Outdoor Fitness FAQ

## Contents

1. What is the difference between small and large group fitness? .....	1
2. Can I apply for both the small group license and a large group permit?.....	1
3. What is the fee for a small group license? .....	1
4. What certifications are required for a small group license? .....	2
5. What equipment can I bring to the workout and setup .....	2
6. What is the fee for a large group permit? .....	2
7. Do all applicants for a large group permit, with and without studios, participate in the lottery?.....	2
8. What locations are reservable under a large group permit?.....	2
9. What is a lottery slot? .....	2
10. How will the lottery for large group permits work? .....	3
11. What is the cost for each slot? .....	3
12. Are these classes still only for adults or can we now do youth outdoor classes through this new system? .....	3
13. What if my class is rained out? .....	3
14. Can 6 a.m. be an option as a starting time? .....	3
15. Can I play music to motivate my students and make it fun? .....	3
16. I have an existing permit to use space under the system that started in June. Can I be guaranteed to keep it?.....	4
17. What are some of the remaining open issues? .....	4

1. What is the difference between small and large group fitness?
  - Small Group Fitness: three or fewer participants and an instructor
  - Large Group Fitness: four or more participants (max 11) plus instructor
2. Can I apply for both the small group license and a large group permit?
  - Yes there is a separate application for each
    - [Small Group Application](#) – rolling application – no deadline
    - [Application for Permit for Large Group Location](#) **DEADLINE Thursday August 27 at 5 pm!!**
3. What is the fee for a small group license?
  - For any fitness operator who is part of a closed studio, the fee is reduced from \$250 per year to \$25 per year for as long as gyms and studios remain closed. If we are still adversely affected in a year, we can look at keeping the reduction available. For other instructors, the fee is \$250 per year.

- Operators can pick up to 4 parks to use with one license
  - Small parks may be limited in terms of number of license offered
  
- 4. **What certifications are required for a small group license?**
  - Any one of the following
    - Proof of professional insurance as it requires certifications
    - Over 2 years of experience
    - Training Certification in an accredited program
  
- 5. **What equipment can I bring to the workout and setup**
  - Equipment set up depends on the surface that you are using
    - Lawns – limited to mats and bands. Must be low impact
    - Hardscape – more flexible to allow weights and other equipment
  
- 6. **What is the fee for a large group permit?**
  - Applicants with studios: Since you are still paying rent, you will be eligible to participate in a lottery and get a 90% reduction in fees. Cost will be \$25 for a 2 hour slot or \$1.50 per hour for up to 11 participants.
  - Applicants without studios: Cost will remain \$15 per hour for up to 11 participants. Spaces will be allocated after allocation of spaces to applicants with studios.
  
- 7. **Do all applicants for a large group permit, with and without studios, participate in the lottery?**
  - The lottery is only for those with studios. After they receive their spots, remaining permits will be provide to others as available.
  
- 8. **What locations are reservable under a large group permit?**
  - The list will include:
    - Basketball courts/blacktops – Unlimited since courts are closed by the health order.
    - Plazas – Limited due to need to balance other users.
    - Grass lawns – Limited due to low impact activities (yoga) and number of days/times per week to avoid excessive wear.
    - Athletic fields – Available before 10 a.m. on weekdays to avoid conflict with other users.
    - Note tennis courts are not available -they are one of the few recreational activities available for adults due to Covid restrictions and they are heavily booked
  - See Exhibit A for a list of likely locations
  
- 9. **What is a lottery slot?**
  - A slot consists of a specific location, date and time for 10 weeks
    - Locations: See above.

- Dates: A date is a day of the week – we are looking at grouping your picks so you have 2 at a time if you want 2 days at the same location, you can pick them both at the same time.
  - Time: We are looking at 2-hour slots which should provide enough time to do 2 classes back to back. For instance, 7 am to 9 am, 9 am to 11 am etc.
  - An example of a slot would be Panhandle Basketball Court, Mon from 7 am to 9 am.
10. **How will the lottery for large group permits work?**
- Each studio that completes an online form will be eligible to participate in the lottery. [Click Here](#) to apply.
  - We will place “slots” in the lottery to choose.
  - Each studio will get a notification of a date and time (4-hour window) when they can go into the lottery system and select one or two slots.
  - Once every studio has selected one slot, then we will go in reverse order and every studio can select another slot. This process will repeat as long as slots are available until everyone has an opportunity to select what they need
11. **What is the cost for each slot?**
- The cost is \$25 per slot per day chosen. Each slot will be 2 hours. Cost covers all 10 weeks. Thus, cost per hour is \$1.25.
12. **Are these classes still only for adults or can we now do youth outdoor classes through this new system?**
- Adults 18+ only. This is a health department directive.
  - The health department has issued a separate more limited directive for younger children covering out of school time. We are offering a separate program for those activities. For more details, click here: [https://fs12.formsite.com/sfrpsurvey/OST\\_Programs/index.html](https://fs12.formsite.com/sfrpsurvey/OST_Programs/index.html)
13. **What if my class is rained out?**
- Given that the cost will only be \$2.50 per slot per day, there will be no refunds.
14. **Can 6 a.m. be an option as a starting time?**
- For neighbors, 6 a.m. can often be a problem unless it is a really quiet group like yoga or in a very isolated location. We will also have prohibitions on amplified sound similar to existing permits. If you want a 6 a.m. start time, you can put a note in your online application and we will review.
15. **Can I play music to motivate my students and make it fun?**
- Parks are surrounded by neighbors and used by others who enjoy quiet. We will allow small speakers as long as no complaints are received but if we receive complaints, you will no longer be able to use it.

16. I have an existing permit to use space under the system that started in June. Can I be guaranteed to keep it?
- We are exploring ways to give those studios some preference while still ensuring that spaces are open equally for all. We have some studios who have booked prime locations 4 to 6 times a week. It is not fair for them to have a monopoly over others. At the same time, they have invested in marketing those locations. It will need to be a balance.
  - We are doing a survey of providers as part of the application to participate in the lottery to obtain feedback from all.
17. What are some of the remaining open issues?
- A. Days in the slots
    - Option 1: Each day is separate.
    - Option 2: Pairings of days.
    - Option 3: Further groupings: Mon/Wed/Fri, Tues/Thurs, and Sat.
    - Option 4: Let each operator pick twice in a row so they can pair 2 slots if they want to. THIS IS WHAT WE ARE LEANING TOWARD as we heard from some operators that they don't want to be paired.
  - B. Times/Lengths
    - Consider making slots longer so an instructor can do back-to-back times, which is very efficient and helpful for many. The health order requires that there be 20 minutes between classes. Is a 40-minute class long enough?
    - 40-minute classes with 20 minutes between: 1 hour and 40-minute slot (100 hours) that would allow 2 classes so slots would start every 2 hours. This is easy and we are leaning toward this approach.
    - 45-minute classes with 20 minutes between: To have 2 back to back classes, slots would have to be 130 minutes apart and start every 1 hour and 10 minutes.
  - C. Multiple Storefronts – Owner/operators with more than one storefront would get a 2nd pick but ONLY in the vicinity of that storefront. For instance, if you have a store in Pac Heights and one in the Mission, the second one can only pick in the area near that store.
  - D. Existing Permittee – See above question how to balance providing access to all and their investment in existing dates/times.

Exhibit A – Preliminary Lists of Sites for Permits and Licenses as of 8/24 -SUBJECT TO CHANGE

Park Name	Large Group	Small Group License Ok
Alamo Square	No Area	yes
Alice Chalmers Playground	Basketball Court	no
Alice Marble Courts	Basketball Court	yes
Alta Plaza	Half Court	yes
Aptos Playground	Outfield Only	yes
Argonne Playground	Basketball Court	yes
Balboa Park	Basketball Court	yes
Bernal Heights Rec Center	Basketball Court	yes
Buchanan Street Mall	Basketball Court	yes
Buena Vista Park	No Area	yes
Cabrillo Playground	Basketball Court	yes
Cayuga Playground	Basketball Court	yes
Civic Center Plaza	DG Area	yes
Collis P. Huntington Park	No Area	yes
Corona Heights	No Area	yes
Crocker Amazon Playground	Basketball Court- Locked?	yes
Dolores Park	Basketball Court	no
Dolores Park	Multiuse Court	no
Douglass Playground	Basketball Court	yes
Duboce Park	Basketball Court - Locked -need to daisy chain	yes
Embarcadero Plaza	Hardscape	yes
Excelsior Playground	Basketball Court	yes
Franklin Square	Pitch before 10 am weekdays	no
Fulton Playground	Basketball Court	no
Garfield Square	Lawn	yes
George Christopher Playground	No Area	yes
GGP	All Areas	yes
GGP	10th Ave Bridge	n/a
GGP	9th Ave Bridge	n/a
GGP	Big Rec Grass Are	n/a
GGP	Kezar Triangle	n/a
GGP	Little Rec, Robin Williams Area	n/a
GGP	Robin Williams Meadow	n/a
Beach Chalet	Half Pitch weekdays before 10 am	no
GGP	George Washington Grove	n/a
GGP	Stanyan Eastern Edge	n/a
GGP - Panhandle Basketball Courts	Basketball Court	yes
GGP - Panhandle Fitness Court	Fitness Blacktop	yes
Gilman Playground	Basketball Court	yes

Outdoor Fitness FAQ (Updated: 8/23/20)

Glen Park	No Area	yes
Grattan Playground	Basketball Court- Locked?	no
Hamilton Rec Center	Lawn only	yes
Hayes Valley Playground	Basketball Court Before 8 am only wkd any time, wknd any time	no
Helen Wills Playground	Basketball Court wkdays before 9 am and after 5 pm, wknd any time	yes
Hilltop Park	No Area	yes
Holly Park	Basketball Court	yes
In Chan Kaajal Park	Performance Area before 10	yes
India Basin Shoreline Park	Basketball Court	yes
J. P. Murphy Playground	Basketball Court- Locked?	no
Jackson Playground	Basketball Court	yes
James Rolph Jr. Playground	Basketball Court	yes
Jefferson Square	no	yes
Joe DiMaggio North Beach Playground	Blacktop	yes
John McLaren Park	Basketball Court	yes
Jose Coronado Playground	Basketball Court- Locked?/Blacktop	yes
Junipero Serra Playground	Basketball Court	yes
Kezar Stadium	Upper Track and Step	yes
Kezar Stadium	Area on West Side	no
Lafayette Park	Gathering Meadow East Side of Park	yes
Lake Merced Park	Parking Lot	yes
Larsen Park	Basketball Court	yes
Larsen Park	Grass Area	yes
Laurel Hill Playground	Basketball Court	yes
Little Hollywood Park	Basketball Court	yes
Louis Sutter Playground	Basketball Court	yes
Marina Green	Marina Triangle Area 1	yes
Marina Green	Marina Triangle Area 2	yes
Marina Green	Little Marina	yes
McCoppin Square	Basketball Court- Locked?	yes
McCoppin Square	Lawn	yes
McKinley Square	Lawn	yes
Michelangelo Playground	Basketball Court	yes
Midtown Terrace Playground	Basketball Court	yes
Minnie & Lovie Ward Rec Center	Basketball Court	yes
Miraloma Playground	Basketball Court	yes
Mission Playground	Basketball Court	yes
Mission Playground	Pitch after renovation before 10 wkdays	yes
Moscone Rec Center	Basketball Court- Locked?/Field before 10 weekdays	yes
Mountain Lake Park	Basketball Court/Lawn	yes

Outdoor Fitness FAQ (Updated: 8/23/20)

Noe Valley Courts	Basketball Court	yes
Noe Valley Town Square	Plaza Area - limited	no
Parkside Square	Basketball Court	yes
Patricia's Green in Hayes Valley	No Area	yes
Peixotto Playground	No Area	yes
Pine Lake Park	Lawn	yes
Portsmouth Square	Plaza Area	yes
Potrero del Sol Park	Stage Area Mon- Fri	yes
Potrero Hill Rec Center	Basketball Court	yes
Precita Park	Lawn only	yes
Presidio Wall Playground	Basketball Court	yes
Presidio Wall Playground	Grass Area	yes
Raymond Kimbell Playground	Pitch before 10 am weekdays	yes
Richmond Playground	Basketball Court	yes
Rochambeau Playground	Basketball Court	yes
Rolph Nicol Playground	Lawn	yes
Rossi Playground	Grass Area	yes
Rossi Playground	Basketball Court	yes
Stern Grove	East Meadow	yes
South Park	No Area	yes
South Sunset Playground	Basketball Court - Locked	yes
St. Mary's Square	Plaza Area - limited	yes
States Street Playground	Basketball Court	yes
Sue Bierman Park	Lawn only	yes
Sunnyside Playground	Basketball Court	yes
Sunset Playground	Basketball Court before 9 am and after 5 pm	yes
Twin Peaks	trails and roadway	yes
Upper Noe Rec Center	Basketball Court before 9 am and after 5 pm	yes
Victoria Manalo Draves Park	Basketball Court before 9 am and after 5 pm	yes
Visitacion Valley Greenway	No Area	yes
Visitacion Valley Playground	No Area	yes
Walter Haas Playground	Basketball Court	yes
Washington Square	Lawn only	no
West Portal Playground	No Area	yes
West Sunset Playground	Basketball Court- Locked?/ Plaza area	yes
Youngblood Coleman Playground	Basketball Court - Locked	yes